

CEO Soul Care References

Books

Corderio, Wayne. Leading on Empty : Refilling your tank and renewing your Passion

Saler, Robert C. Planning Sabbaticals : A Guide for congregations and their Pastors

Yoder, Keith. Navigating your Sabbatical : Purpose, Plan, Support

Ash, Christopher. Zeal without Burnout : Seven Keys to a lifelong ministry of sustainable sacrifice

McKie, Rusty. Sabbaticals : How to Take a Break from Ministry Before Ministry Breaks You

Personal Interviews

7 Current, Retired or Former Pastors

1. What is the purpose of a Sabbatical in a local church?
 - a. ?refresh, refocus, retool
 - b. ?rest and prevent burnout
2. Is there such a thing as burnout in a person who is called of God to serve?
 - a. Is this remedied by “acceptable” methods of removing oneself from the situation?
 - i. accepting a different position at another church
 - ii. changing ministry focus
3. “Recruitment tool” vs Proactive care
4. What would be the perception of the typical church member who works hard without a “sabbatical”?
5. Is it needed?
6. Does the fact that only 4-5% of churches offer this to their Pastor(s) speak to anything?
7. Does a Sabbatical Policy say/relay to a pastor anything more than the “let us know if you need anything” approach?
8. Would you think pastors would request that a sabbatical be granted? Would their request be reactionary or anticipatory? Which would be most healthy for them, their family and the church?
9. Is it more healthy to set an expectation of sabbatical with policy (i.e grant sabbatical every __ years) vs relaying “one is available” if needed?
10. Personally, would a sabbatical have been valuable to your ministry and family? Why?

Articles

Warren, Kay. "Who Pastors the Pastor?" <https://pastors.com/author/kaywarren/>

Rainer, Thom. "Five Reasons Your Pastor Should Take a Sabbatical" <https://thomrainer.com/2014/02/five-reasons-your-pastor-should-take-a-sabbatical/>

Davis, Jim. "5 Signs You're an At-Risk Pastor" <https://www.thegospelcoalition.org/article/5-signs-youre-at-risk-pastor/>

Arn, Charles. "Does your church have a Sabbatical Leave Policy?" <http://pastors.com/author/charlesarn/>

Dickson, Charles. "Five Guidelines for a Successful Sabbatical" Lifeway Resources

Wolyniak, Dale. "Sabbatical for Ministers : The Benefits for Pastors and Congregations" A Pastors Advocate Book Series. Focus on the Family

Brooks, Ryan. "The Condition of Compromise" <https://summitcollaborative.org/the-condition-of-compromise/>

Farley, Jeremy. "The Too Accessible Pastor : The danger of 21st Century Ministry". Appalachian Magazine